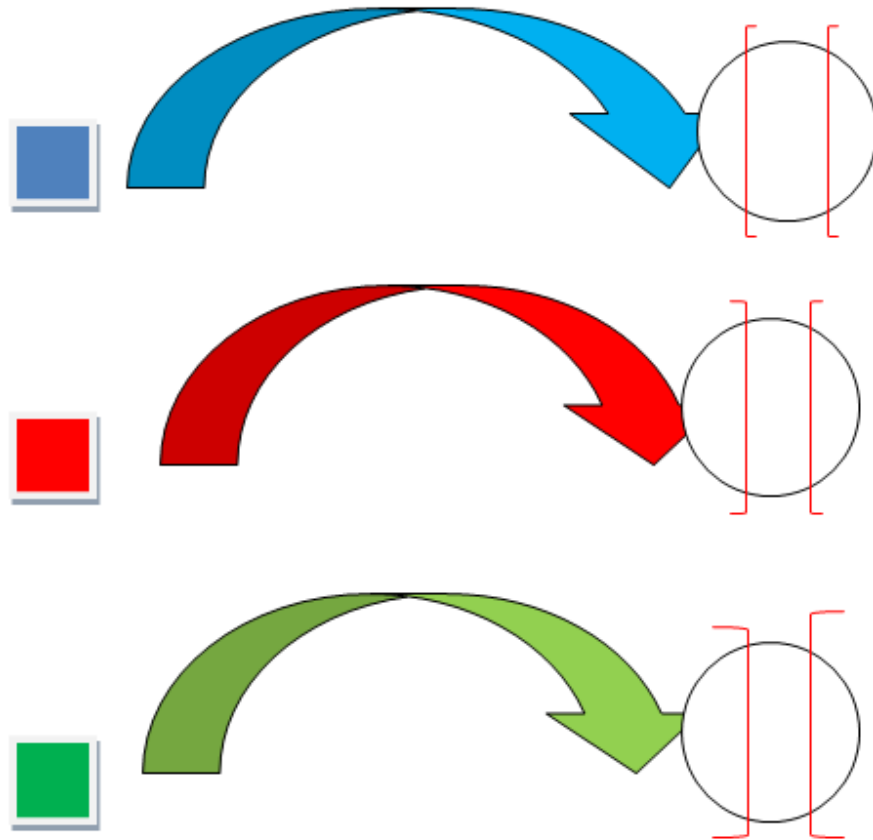


Chair Target



How to Play?

- Make a target using two chairs placed back to back – hoop width apart. The hoop is then placed over the backs of chairs to form a ring to aim at.
- Divide children into teams of 6 with a shooting ring opposite each team.
- The game proceeds in a relay fashion, each child running in turn to a marker, aims the ball and throws into a hoop, collects the ball and returns to team.

Chair Target

Make it harder

- Stand further away from the hoop.
- Use a smaller hoop.
- Limit children to throwing underarm, side of head, chest or overhead throw.

Make it easier

- Stand closer to the target.
- Use a larger hoop.
- Don't limit throwing style.